

# STAT

HARBORVIEW  
MEDICAL  
CENTER  
UW Medicine



## Holiday tea

Join the fun at the Holiday Tea for staff from 2 to 4 p.m., **Tuesday, Dec. 19**, in the cafeteria atrium. Enjoy special holiday refreshments and entertainment by the Garfield High School Jazz Trio.

A tea service for night staff will take place from 10 p.m. to midnight, **Dec. 19**, in the cafeteria. Off-site departments will have their celebration at scheduled times throughout the day on **Monday, Dec. 18**.

The administrative team and the Employee Relations Committee are pleased to sponsor these holiday events.

## Research funding

Learn about K awards from the National Institutes of Health at the next "Grant\$ for Lunch" program at Harborview. It will take place from noon to 1 p.m., **Tuesday, Jan. 9**, in the Research & Training Building, room 109/113.

Dr. Sheila Lukehart, assistant dean for research and graduate education at Harborview, will be the guest speaker. Dr. Janet Rasey, UW faculty advisor for research funding, will moderate the program.

A publication for the staff of Harborview Medical Center

**December 18, 2006**

## Faculty/staff nominations invited for UW public service award

The UW Outstanding Public Service Award was initiated in 1980 to recognize faculty and staff for their efforts to improve the quality of people's lives locally, nationally or internationally. It is presented at the University's annual Recognition Ceremony in June and includes a \$5,000 award.

The selection committee invites you to nominate faculty and staff who have made exemplary contributions to the common good through public service. The committee considers the nature and extent of the public service activity, the amount of time and effort involved and the lasting impact it has had.

Previous award winners include Harborview's Dr. Michael K. Copass and Dr. Abraham B. Bergman.

The deadline for 2007 award nominations is **Friday, Jan. 26**. For more information, contact Gus Kravas at [gkravas@u.washington.edu](mailto:gkravas@u.washington.edu).

## Corporate program at 24 Hour Fitness Club

Get a head start on your new year's resolution to make 2007 a healthier year!

As a benefit to Harborview employees, 24 Hour Fitness Club offers memberships with no initiation fees. In addition, through **Tuesday, Dec. 26**, the regular \$49 initiation fee for family members is being waived.

Monthly dues for Harborview staff are \$28.99 for a single club membership and \$33.99 for a membership in all 24 Hour Fitness clubs. The cost to add family members is \$20.99 per month. First and last month dues will be charged at the time of enrollment.

To take advantage of this offer, visit the nearest 24 Hour Fitness Club. Bring your business card, ID badge or pay stub for eligibility verification.

For more information, call (800) 224-0240.

## Evening Magazine follows Santa to Harborview

Santa George Eustice was filmed **Dec. 14** by a camera crew from *Evening Magazine* when he visited patients on 8E and staff and patient families on the burn intensive care unit. Eustice was a burn patient at Harborview in 1997 and has been coming back ever since as Santa.

Eustice describes his mission as bringing a little cheer to the burn patients who are here during the holidays. His story will air on *Evening Magazine* (KING TV) at 7 p.m. **Thursday, Dec. 21**, or **Friday, Dec. 22**.

Several other Santas deserve thanks for bringing holiday cheer to patients at the hospital:

- Howard Cohen has been giving gifts of hats, gloves and socks to patients on Christmas Day for the last 23 years.
- Patty Doyle has been providing gifts to mental health patients since 1985.
- Don Rawls gives stuffed animals to the patients on 8E and 9E.

**Continued on other side**

## **Funding allocation requests**

*The next deadline for submissions to the Funding Allocations Committee is **Friday, Jan. 5**. Staff and faculty are encouraged to submit requests for projects that enhance patient care and comfort.*

*A link to the application form is posted on the Intranet home page. For more information, contact Jan Harrison, [jh27@u.washington.edu](mailto:jh27@u.washington.edu).*

## **Book drive**

*The Literacy Program book drive has been extended through Christmas. All books purchased at City Books, 1305 Madison St., Seattle, and donated to the drive will be eligible for a 10 percent discount.*

## **STAT holiday schedule**

*Plan ahead for your staff announcements. STAT will not be published during the week of **Dec. 25**. The next regular edition is scheduled for **Tuesday, Jan. 2**.*

*STAT is published weekly for Harborview employees. Send articles to [stat@u.washington.edu](mailto:stat@u.washington.edu) or Box 359711. The editor reserves the right to edit for length, clarity and style. Submit articles by 5 p.m. Tuesday for the following week's edition.*

## **Seattle Public Library hosts lecture on end-of-life care**

Dr. J. Randall Curtis, founder and director of the End-of-Life Care Research Program at Harborview and UW Medical Center, will give a lecture on "Talking with Doctors about End-of-Life Care" at 6:30 p.m., **Wednesday, Jan. 3**, in the Central Library's Microsoft auditorium (1000 Fourth Ave., Seattle). The talk is part of a lecture series sponsored by UW Medicine and the Seattle Public Library.

Curtis is an attending physician in pulmonary and critical care medicine at Harborview and a UW professor of medicine. His research focuses on measuring and improving the quality of palliative or end-of-life care for persons with critical illness.

## **Teaching in the Information Age**

Are there teaching technologies beyond PowerPoint? Find out at the next faculty development workshop, which will explore a range of strategies to enhance and extend the learning environment.

"Masterful Teaching in the Information Age: Beyond PowerPoint" will take place from 8:30 a.m. to noon, **Tuesday, Jan. 16**, in the South Campus Center, room 316. Workshop leaders are Dr. David Masuda, lecturer, UW Department of Medical Education & Biomedical Informatics, and Dr. Eric Stern, professor of radiology and medicine at Harborview.

Register for the workshop online at [www.mebi.washington.edu/facdev.html](http://www.mebi.washington.edu/facdev.html). For more information, contact Rachael Hogan, program coordinator, (206) 616-9875 or [rhogan@u.washington.edu](mailto:rhogan@u.washington.edu).

## **Tips for a smoother holiday season**

For many people, the holidays are a time of stress. If you find yourself on an emotional rollercoaster, UW Benefits and Work/Life offers these suggestions:

- Plan and prioritize; keep a daily "to do" list.
- Take care of yourself; schedule time-out breaks.
- Set limits; pace yourself.
- Negotiate, ask for help; learn to say "no."
- Reduce shopping trips.
- Simplify.
- Avoid financial overload; give the gift of time to family and friends.

Remember that UW CareLink professionals are available to help you at any time. They provide free, confidential support for University employees and their families. Contact them toll-free at (866) 598-3978.

# STAT